FILLING IN THE SANDWICH THREE MUSICAL DIETS - AN OVERVIEW

Basic Staple Diet



| Ingredients: | Gospel Acclamation | Eucharistic Acclamations |
|--------------------------------|--------------------|--|
| Basic Menu | Alleluia | Holy Holy Mystery of Faith Doxology & Amen |
| Anywhere in England & Wales | Plainsong Alleluia | Missal tone in English and/or Latin |

Balanced Healthy Diet



| Ingredients: | Gospel Acclamation | Eucharistic Acclamations | Gloria | | Lamb of God | Psalm |
|--|----------------------------------|--|--------------------------------------|-------------------|-------------------|-------------------------|
| More songs added to the basic menu | Alleluia | Holy Holy Mystery of Faith Doxology & Amen | Gloria | Lamb (English | of God n/Latin | Simple Psalm tone |
| Different parishes Different music | Lenten Gospel Acclamations | Different settings | Refrain or through settings | Missal t | rone | Cantor or Cantors |

Festive Celebration Diet



| Ingredients: | Gospel Accl. | Euch. Accl. | Gloria | Lamb of God | Psalm | Penitential Act | Communion Songs |
|--|--|--|------------------------|--------------------------------------|---|---|---|
| Longer Menu with more for cantors and choirs to lead | Alleluia & Lent Gospel Acclamation | Holy Holy Mystery of Faith Doxology & Amen Festive setting | Gloria Festive setting | Lamb of God Another setting | More Psalm tones and song settings | Penitential Act sung by Priest & Deacon or Cantor | Communion Antiphon Communion Procession |



